

Catholic Resources for Mothers and their Children

Including Women in Crisis Pregnancies and their Unborn Babies

Medical – Free Prenatal Care and Referrals

[Mother of Mercy Free Medical Clinic](#)

[Gabriel Project](#)

Pregnancy – Counseling and Accompaniment

[Catholic Charities of the Diocese of Arlington Pregnancy Counseling and Contacts](#)

[Gabriel Project](#)

Supportive Housing – Affordable Housing with Other Resources to Support Mothers

[St. Margaret of Cortona Transformational Housing](#)

Baby Resources – Baby supplies (Clothes, Food, Diapers, Cribs, etc.)

[Project Manger \(Provides Cribs\)](#)

Adoption – Options and Advising

[Catholic Charities of the Diocese of Arlington Adoption Services](#)

Post-Abortive Healing and Counseling

[Project Rachel](#)

Other Church Assistance for Mothers and Their Children and Families:

[Gabriel Project](#) (Free Medical, Material, Financial, and Special Assistance)

[Catholic Charities Diocese of Arlington](#)

[Emergency Assistance](#)

[Workforce Training](#)

[Food Assistance](#)

[Mental health counseling for individuals, couples and families](#)

[The Diocesan Council of the St. Vincent de Paul Society \(Different Parish Resources\)](#)

Other Resources

Including Private and Non-affiliated Catholic and Other Community Resources

Medical – Affordable/Free Prenatal and Other Care

[Tepeyac OB/GYN](#)

[MaRiH Center \(Medical care and more\)](#)

[A Woman's Choice \(Medical Care and Support\)](#)

[Hope Pregnancy Center in Falls Church](#)

[American Association of Pro-life Obstetricians and Gynecologists](#)

[A Best Choice Mobile Ultrasound](#)

[Front Royal Pregnancy Center](#)

Pregnancy Counseling – Mental Health and Advising throughout Pregnancy

[A Women's Choice](#)

[Birthright Centers](#)

[Front Royal Pregnancy Center](#)

Supportive Housing – Affordable/Free Housing with Other Resources to Support Mothers

[Mary's Shelter \(Housing + Support\)](#)

[New Eve Maternity Home](#)

[Paul Stefan Home](#)

Baby Resources – Baby supplies (Clothes, Food, Diapers, Cribs, etc.)

[A Women's Choice](#)

[Birthright Centers](#)

[Front Royal Pregnancy Center](#)

[The MaRiH Center](#)

[New Eve Maternity Home](#)

[Paul Stefan Home](#)

Collaborating for Comprehensive Care

[Planforher.org](#)