

Choosing a Confirmation Sponsor/ Padrino or Madrina: Reflection Worksheet

We invite you to use this reflection sheet to help you as you pray to the Holy Spirit to guide you in choosing your Confirmation Sponsor/ Padrino or Madrina. Remember to first check the requirements to be a Sponsor/ Padrino or Madrina that are included on the back.

Name(s) of people I know who I think might be a good Confirmation Sponsor.

1. _____ 2. _____

3. _____ 4. _____

What Catholic faith qualities or virtues do I admire in each person?

1. _____

2. _____

3. _____

4. _____

How do I see each person sharing their faith with others (words and actions)?

1. _____

2. _____

3. _____

4. _____

With which of these people would I feel comfortable discussing my faith journey (my experiences, doubts, hopes, and joys)?

1. _____ 2. _____

3. _____ 4. _____

OVER...

Which of these people would be most likely to continue having a faith-based relationship with me after I receive Confirmation?

1. _____

2. _____

3. _____

4. _____

This is the person I would like to ask to be my Sponsor / Padrino or Madrina:



*Come Holy Spirit, fill the hearts of your faithful
and kindle in them the fire of your love.
Send forth your Spirit and they shall be created.
And You shall renew the face of the earth.*

A Confirmation Sponsor must:

- be designated by the one to be confirmed, by the parents, or the one who takes their place or, in their absence, by the pastor.
- have completed their sixteenth year.
- be a fully initiated Catholic, having been baptized, confirmed, and received the sacrament of the Most Holy Eucharist.
- lead a life in harmony with the faith and possess the qualifications and intentions to perform this role.
 - o If married, the marriage is a valid marriage, as recognized by the Catholic Church.
 - o as a practicing Catholic, regularly attends Mass and receives Holy Communion
- not be bound by any canonical penalty legitimately imposed or declared.
- not be the father or the mother of the one to be confirmed.

