

Syllabus		First Grade	2018-19	Sunday					
Lessons with both Alive and Christ and Binder lessons: Choose the lesson that you feel most comfortable teaching									
- you may combine lessons to fit your class needs and teaching style									
Notes and/or Additional Activities will indicate if there is a supplemental lesson on the website or other information you can add to									
Date		Theme	Objectives	Alive in Christ	First Grade Binder of Activities as Supplement	Additional Activities/ Supplemental Lesson	Homework AIC - Alive in Christ	Mini Lesson on Prayer - see website	Notes
Sunday, September 23	Week 1	WELCOME First Day of Class Alive in Christ - Opening Lesson (p1-7)	*Establish Classroom Rules *Get to Know Students *Introduce the book with the New Year lesson *Program Wide Incentive *Classroom Incentives	Opening Lesson pp1-7	Lesson 1 Getting Acquainted and Class Tone	Welcome Activities Get to Know You Introduce Program Hand out orange folder	AIC - Family +Faith p 8	Lesson 1 - Setting Up a Prayer Table	Please check out the catechist webpage for ideas and lessons Please wait to hand out books until October 14
Sunday, September 30	Week 2 plus diocesan provided lesson	Christian Chastity Saint project due October 23,24 and 26 Alive in Christ - Mary	*Keeping Ourselves Safe (Christian Chastity lesson) *Saints are Ordinary People Living Extraordinary Lives *Ch 9 Prayer		Lesson 3 Chastity and the Angels	Diocesan Required Lesson - Please see plan on the website - This is a short lesson and will not take the entire class	AIC - Family +Faith p 14 and pp 143-144 Saint Project Sent Home - due October 24	Lesson 2 - What are the types of prayer/Ways to pray	Send home flyer for collection of items - collection is throughout October Feast Day of St. Francis of Assisi Tie in how God, prayer, saints, etc can help to keep us safe. Practice saying the Guardian Angel prayer Mother Teresa
Sunday, October 7		<i>No Class Columbus Day</i>							
Sunday, October 14	Week 3	Created by God	*Children will understand that God created everything including them	Chapter 1 and Chapter 9	Lesson 2 God the Creator and Introduction to Prayer	Creation Sightings Walk		Lesson 3 - When and where can we pray. We can pray to God the Father, God the Son and God the Holy Spirit	
Sunday, October 21	Week 4	The Trinity	*Children will understand God the Father, God the Son and God the Holy Spirit (focus on God the Father continuing to the Bible/God next week)	Ch 4 The Trinity	Lesson 4 The Holy Trinity		AIC pp89-90	Review the Sign of the Cross and Glory Be Prayers Can use the story of St. Patrick for the trinity	
Sunday, October 28	Week 5	All Saints -	*Children will learn about prayer and how we can pray with the saints	Ch. 12 Friends of God All Saints pp15 - 17 and p 320		Children can share All Saints Day Projects	AIC Family+Faith p18 and pp 191-192	Lesson 4 Intercessory Prayer Praying with the saints	
Sunday, November 4		NO Class FCPS long weekend							
Sunday, November 11	Week 6	The Bible	The children will learn that God speaks to us through the Bible. There are two parts to the Bible - Old and New Testament We read the Bible on our own and also hear from the Bible at Mass	Chapter 6 About the Bible	Lesson 5 The Bible	Song The B-I-B-L-E		We can pray with the Bible	
Sunday, November 18	Week 7	Moses and The Ten Commandments	*Children learn the story of Moses and will be introduced to the Ten Commandments	Ch 14 Making Choices	Lesson 6 OT Moses	Can schedule Moses to visit your classroom and bring the Ten Commandments Use Bible Story of Moses Have students create their own stone with the commandments (can be ongoing and add on as new ones introduced)	AIC Family +Faith p 201		Due to limited classes in November, you will need to combine Moses and introducing the 1st and 2nd commandment. You can also move the 1st and 2nd commandment to December lessons since we have three December classes. Advent wreaths can be made before Advent at this class or wait until the first week of December.
		Morality and The Ten Commandments	*The children will learn about the First and Second Commandment	No corresponding chapter	Lesson 7 (1st and 2nd commandment)	Object Lesson - from supplemental plan Work on Ten Commandment Lap book			
Sunday, November 25		<i>No Class Thanksgiving Weekend</i>							
Sunday, December 2	Week 8	Make Advent Wreaths	*Advent starts the new church year and is a season of waiting *The church follows the liturgical calendar Thanksgiving -	pp 19-21	Lesson 8 Thanksgiving Prayer only	What is Advent? What happens in the liturgical year with the start of Advent?		Happy New Church Year! The new church year will begin the first Sunday of Advent. Liturgical Year Review -Prayer Table Set Up Prayer of Contrition/Ask Forgiveness	
Sunday, December 9	Week 9	Advent Alive in Christ pp 19-21	*Advent starts the new church year and is a season of waiting *The church follows the liturgical calendar Continue with the Trinity - God the Son/Jesus this week and next	Ch 5 God the Son The Holy Family Joseph, Mary and Jesus Advent pages 19-22	Lesson 9 Advent God Sent His Son	Ideas/Activities/ Lessons posted on website A New Liturgical Year Mary	AIC Family+Faith p22	Setting up a prayer space for Advent - purple and Advent wreath	
Sunday, December 16	Week 10	Christmas	*What is Christmas *Why do we celebrate Christmas Review the Trinity/ God the Son	Light of Christ - Christmas pages 23 - 26	Lesson 10 Christ's Mass -	Ideas/Activities/ Lessons posted on website	Bring something from your baptism to class on January 8		
Sunday, December 23		<i>No Class - Merry Christmas</i>							
Sunday, December 30		<i>No Class - Happy New Year</i>							
Sunday, January 6	Week 11	Baptism	*Children will learn that Baptism is a welcoming sacrament. *Jesus was baptized by John the Baptist	Ch 18 We Are Welcomed	Lesson 11 Baptism of Jesus, Baptism Our First Sacrament	Baptism Craft			
Sunday, January 13	Week 12	Morality and The Ten Commandments	*The children will learn about the Third and Fourth Commandment	No corresponding chapter	Lesson 12 - 3rd and 4th Commandments	Object Lesson - from supplemental plan Work on Ten Commandment Lap book	Ten Commandment Review		
Sunday, January 20		<i>No Class</i>							
Sunday, January 27	Week 13	Morality and The Ten Commandments	*The children will learn about the Fifth, Seventh and Eighth Commandments	No corresponding chapter	Lesson 13 (can also use lesson 8 and 14) Save the forgiveness portion for later - Lesson	Object Lesson - from supplemental plan Work on Ten Commandment Lap book	Ten Commandment Review		
Sunday, February 3		<i>No Class</i>							
Sunday, February 10	Week 14	Morality and The Ten Commandments	*The children will learn about the Sixth, Ninth and Tenth Commandments	No corresponding chapter	Lesson 14 Sixth, Ninth and Tenth Commandments	Object Lesson - from supplemental plan Work on Ten Commandment Lap book	AIC Family + Faith p 259		
Sunday, February 17		<i>No Class - Presidents Day</i>							
Sunday, February 24	Week 15	Jesus teaches Love -	*Jesus gave us the commandments *Jesus' two great commandments	Chapter 8 Jesus Teaches Love	Lesson 16 Jesus Taught Two Great Commandments	Two Commandment Craft	AIC Family +Faith p 191		
Sunday, March 3	Week 16	Ash Wednesday/ Preparing for Lent	*The children will learn that Ash Wednesday is the first day of Lent. *The children will make plans of how to prepare for lent.	Lent Time for Change - pages 27 -36 - This can be spread out over Lent Today is introducing Lent, preparing kids for Ash Wednesday. When they return to class Lent will have started.	Lesson 15 Ash Wednesday and Lent	What choices will you make during Lent to show sacrifice - Make Lent Lap Book that has the countdown calendar, status of the cross and Pray, Fast, Give notes/plans	Take home lap book for lent - use the countdown calendar	Ash Wednesday is March 6	
Sunday, March 10	Week 17	Jesus Serves Others - So Should We	* Jesus served by washing the feet of His disciples * Find ways to serve others, especially during Lent	Chapter 13 Disciples Serve					
Sunday, March 17	Week 18	Almsgiving and Fasting	*Children will learn what it means to fast (give something up) * Children will find ways to give to the poor during Lent	Lent Time for Change - pages 27 -36	Lesson 17 The Teachings of Jesus Almsgiving and Fasting				
Sunday, March 24	Week 19	Eucharist/The Last Supper	The children will learn about the Holy Eucharist.	Ch 19 The Last Supper					
Sunday, March 31	Week 20	Holy Week	Palm Sunday and The Stations of the Cross	Lent Time for Change - pages 27 -36 -	Lesson 18 Palm Sunday, Holy Week and Stations of the Cross				
Sunday, April 7	Week 21	Easter	*children will learn that Jesus rose from the grave so we can go to Heaven one day.	Easter He Is Risen pages 37-40 Chapter 20 Forever with God	Lesson 19 Easter				
Sunday, April 14		<i>No Class - Holy Week</i>							
Sunday, April 21		<i>No Class - Happy Easter</i>							
Sunday, April 28	Week 22	Making Choices	*The children will learn that they can make choices * Children will know Noah made a choice to say yes or follow God Adam and Eve made a choice to say no to God - Original Sin	Ch 14 Making Choices *Free Will *All Choices have consequences or results (help or harm others)		Review the Ten Commandments *choosing to disobey God is a sin		This week will combine two lessons to make sure all info is covered before the end of the year.	
	Week 23	Forgiveness	*Review the Ten Commandments and Sin *We can show sorrow for our sins and ask God for Forgiveness *God Forgives Us	Ch 15 Sin is choosing to disobey God *God wants us to show sorrow and ask forgiveness when we choose to disobey (sin) *God forgives us		Play Accident, Mistake, Sin			
Sunday, May 5	Week 24	Jesus the Savior	*The children will learn that Adam and Eve brought Original Sin to the world. *The children will learn that God sent his son Jesus so our sins can be forgiven	Ch 16 Jesus the Savior					The last two lessons will need to be combined or carried into the last class to cover the missed class on Mother's Day.
	Week 25	Sacraments	*The children will learn there are seven sacraments. Baptism from January 8 and *Reconciliation is the sacrament that forgives our sins.	Chapter 17 - Holy Signs					
Sunday, May 12		No Class - Mother's Day							
Sunday, May 19		Last Class	Celebrate and Review						

