



The Shepherd's Watch

CHRISTMAS 2011 • ISSUE 14

Good Shepherd Catholic Church

loving as Christ loves, serving as Christ serves

Dear Friends,

While the Holy Family of Jesus, Mary and Joseph are always at the center of every Nativity scene, we also remember the diversity of the visitors who came to adore the newborn King. There were angels from heaven, shepherds from the local area and magi from afar. In our imaginations we might also picture contemporary people of various ages, nationalities, occupations and circumstances who are filled with the same wonder and awe as those who were a part of the very first Christmas.

This edition of *The Shepherd's Watch* reflects the diversity of Good Shepherd Parish in *our* participation in the mystery of Jesus' birth which we celebrate at Christmas. We appreciate as never before the richness of our Tradition as we reflect on the experience of Christmas from the perspective of a college student and a newly-wed couple, from the perspective of grandparents and grand-children, and from the perspective of those who are less fortunate than we are.

No matter what our nationality, we grow in our love of God, Savior of all peoples, when we hear of Christmas customs and traditions as celebrated in other countries and now brought to our own, especially by our Latino brothers and sisters. As our hearts are warmed by the faith, hope and love expressed in these pages, I pray that the Peace of the Lord will be with you, and with our world, this Christmas and throughout the coming New Year!

Sincerely yours in the Lord,

Father Tom



Coming Home for Christmas

by Michael Monaco

COLLEGE LIFE I'd be lying if I said I didn't love college. The people, the classes, the campus – what is there not to love? Even going to church every weekend isn't all that different. How could it be? We're all Catholics, no matter the zip code.

The first semester of college seems to have flown by. Walking to the dining hall to get some lunch on a chilly November morning, I realized that my first-ever round of collegiate final exams were only a month away. Time gets distorted strangely at college, it seems.

It feels as if it were only yesterday that I was hauling in the refrigerator for my dorm and bidding farewell to my family by the trees on the Sunken Garden. And now I'm in a completely different life. But no matter how much I love college and learning new things from brilliant people, there are a few major things missing from my life.

MISSING HOME The biggest thing missing is my family. I don't know if this is par for the course for college students or if I'm some strange homebody, but every time I succeed at anything here, the first people who pop into my mind are my family. Now, it is true that a subcategory of the things missing from my life would be the good food I've eaten for 18 straight years. Even a pop-tart from the pantry tastes so much better when it comes out of my kitchen cupboards, as opposed to the vending machine in my building's lounge.

MISSING GOOD SHEPHERD It's at church that I get most nostalgic. Mass at school is held at 11:00am and 5:00pm on Sundays. On Mondays, you can go in and see Father John David Ramsey for Confession, or just to attend daily Mass. Having been a lector at Good Shepherd, I signed up for the job at William and Mary as soon as I could.

I was surprised by the informality of the college's approach. We had none of the lector workbooks that I'd grown to know and depend on. Here, at the college, who was lecturing at Mass was often determined by an email signup the day before Mass.

FINDING A NEW HOME My first time lecturing at William and Mary was at a 5 o'clock Mass one brisk September Sunday. I arrived about 20 minutes early and read through the readings a few times. Because I was the first lector to arrive, I got to choose which readings I wanted to proclaim. I walked down the aisle in the

procession, bearing the Book of Gospels, and said silent prayers of thanks for all the training Mr. Ken Prybyla and Mr. Jay Hyland had given me in the Good Shepherd lector corps. When finally I stood up to read, it was a reading from the Letter of Saint Paul to the Philippians: "Christ will be magnified in my body, whether by life or by death." After the Mass, Father Ramsey patted me on the back and told me I'd done a great job. I walked away from the little chapel practically glowing with happiness. This was the sort of thing I'd want to tell my family about.

LOOKING FORWARD TO CHRISTMAS BREAK

And when I get home, I will tell my family. That, I think, is one of the best things about college: accruing experiences and stories to share when I come home. No matter what strange things happen, I know I can always come back and tell my family about them. That's what I look forward to most: talking about my experiences with my family and listening to their stories. And what better way to swap stories than to relate them to things we have in common? Lectoring, church...as I said, a Catholic is a Catholic, no matter the zip code. So that's what I look forward to. That, and homemade food!



Michael (left), explores the family pantry.

Our First Christmas

by Elizabeth Fahey

"My husband Mike and I got married in September, and after two months of marriage we are preparing for our first holidays as a married couple..."

PRE-WEDDING CHRISTMASES We are not the typical couple. We met in high school, while I was at Georgetown Visitation and Mike was at Gonzaga, and we dated throughout college. And as we both come from big families, with some of us spread out across the country and even across the Atlantic, the holidays are a perfect time for everyone to get together. After ten years of dating, you can imagine that we have had plenty of experience with both of our families' holiday traditions. I learned that you haven't had a real meal until you've been to a Limarzi Christmas feast, and Mike learned that it doesn't count as a Christmas tree unless it takes up half of the living room.

CHRISTMAS PLANS Now, as we enter our new life together, we have started thinking about our own holiday traditions. Since Mike is a professor and we couldn't take a honeymoon right after our wedding, we decided to use the winter break to go on a Hawaiian cruise. So, after spending every Christmas over the past ten years with our families, our first Christmas as a married couple will be by ourselves. We know it seems sort of weird, considering how close we are to our families, but we feel that it is the perfect analogy to both our marriage and the Christmas holiday.

A NEW JOURNEY Marriage is a journey, a great adventure that you embark upon with that one person whom you love beyond all else -- someone who is a part of you, through thick and thin, through good times and bad. What better way to embody the true idea of a journey together than actually physically travelling halfway across the world, alone yet together, to start our new lives with each other? And what better time to start this journey through life together than at Christmas, when the greatest story ever told begins? And we know it will not always be smooth sailing, and there will be rough waters ahead, but together we will be able to weather any storm. In the years to come, we know we will be spending Christmases and Easters with our families, and while we will miss the food, laughter, and holiday spirit that our loved ones provide this year, we know that we are now building our own family together. And as the Christmas season is meant to remind us of the start of Christ's journey, thanks to our honeymoon, Christmas will also remind us of the start of our journey together. And, just like the Baby Jesus on Christmas Day, our story is just beginning.



Mike and Elizabeth
on their wedding day.



Love is patient, love is kind. It is not jealous, love is not pompous, it is not inflated, it is not rude, it does not seek its own interests, it is not quick-tempered, it does not brood over injury, it does not rejoice over wrongdoing but rejoices with the truth. It bears all things, believes all things, hopes all things, endures all things. Love never fails... Faith hope and love remain, but the greatest of these is love.

1 Corinthians 13, 4-13

Christmas Perspectives at Christ House

by Christopher E. Ryan

The Christmas season at Christ House in Old Town Alexandria brings both sorrow and hope to the shelter's clients: sorrow in the cares of the homeless, the unemployed, the underemployed, and the working poor, who cannot afford to feed their families, and hope in the promise of the Christmas miracle. Christ House reminds its clients, particularly the children, who come to eat meals during Advent and Christmas, of the joy and light that comes back to the Christian world each year with the remembrance of the birth of the Christ Child in Bethlehem.

DIOCESAN AND PARISH VOLUNTEERS Christ House is sponsored by Catholic Charities of the Diocese of Arlington. Its dedicated staff and volunteer corps from various parishes and diocesan high schools offer clients a safe haven, a good meal, and friendship throughout the year. Friendship is needed especially during the Advent and Christmas seasons when loneliness is felt more acutely.

For many years, loyal Good Shepherd parishioners Carol and John Monahan, Suzanne Young, John Culbertson, and Chris Ryan have handled Saturday night meals at Christ House during the even-numbered months, therefore including December. Carol Monahan coordinates this operation and receives all of the parish volunteers' entrees, salads, breads, and desserts at her home in the mid-afternoon on Saturday. By 4:00pm, the Monahans are on their way to Christ House with enough food to feed approximately 60 guests during two seatings (generally at 5:00 and at 5:30pm).

IMPACT OF THE RECESSION As the financial recession has lingered since 2008, the demand for services at Christ House has never been greater in terms of the number of homeless and working-poor clients seeking food. Many individuals have found themselves needing to decide for the first time in their lives whether to eat or to pay utility bills. Christ House staff and volunteers approach clients with tact and compassion, making every effort to allay any embarrassment or frustration that clients may feel.

Santa Claus arrives to assist with serving dinner on the first Saturday in December, a good way to lighten the mood among Christ House clients. While Santa sits and talks with diners, particularly those families with young children, the conversation flows easily. Who can be unhappy with Santa around? There is continual need for this special Good Shepherd ministry. The constant demand for replenishment of the Christ House pantry—canned goods (tuna, meats, spaghetti sauce, vegetables), pasta, and cereals—allows individual parishioners to respond to the Gospel message by feeding the poor. Helping in the work of Christ House is also a sign of Christian fraternity and outreach from our parish to the less fortunate in our community.



Deacon Candidate, Chris Ryan, brings joy to many during the Christmas season.

Grandchildren Make Christmas Different

by Carol and John Monahan

“Over the river and through the woods to Grandmother’s house we go.” Many of us remember the words to the famous poem by Lydia Maria Child. These days our grandchildren drive over the roads and through the cities to grandmother’s house, yet they still have the same excitement as the children in the poem. Christmas season at our home begins with the Advent Wreath—placed on the kitchen table, lit before dinner each night. We offer a prayer as we begin our preparations for the birth of Christ.

TRADITIONS Many of our traditions developed as we celebrated Christmas in various locations due to Air Force assignments. Never close to our own families, we had to develop our own customs. These traditions and customs have expanded as grandchildren arrived. Fortunately most of them now live nearby.

FAMILY BAKING All of our 10 grandchildren love to bake and decorate holiday cookies with us. They enjoy rolling out dough and using various cookie cutters to make sugar and gingerbread cookies; then they painstakingly choose just the right frosting and decoration. We have a kit for each family to make and decorate a gingerbread house with us. This is always great fun as the artists get to munch on sweets while creating a unique work of art. The goodies go home with them and are usually put on display.

DECORATIONS One of the first decorations we put up is a Christmas Village. Each piece has a special meaning for our children and their families: a church,

school, fishing cabin, fire station, coffee house, bakery, and several more. The grandchildren love to watch as the village comes to life, lights illuminate, and carousel figures skate and dance. They take such joy in these scenes it’s difficult to keep little hands from breaking delicate figures. Over the years we’ve realized a need to have replacement parts available.

THE PERFECT TREE After riding to a farm and walking through many rows, we eventually find the perfect tree to cut down and drag back to the car. We decorate the tree with many ornaments handcrafted by our own children. Now they do this with their families. The grandkids love to look at and touch the ornaments and listen to the stories behind them. A star or angel graces the treetop.

ENJOYING WASHINGTON AT CHRISTMAS We take the youngest grandchildren to a Nutcracker puppet show; as they get older, some progress to an annual performance of the Nutcracker Ballet. Of course we read the story often so they know what to expect. Another tradition is to take the youngsters to holiday train exhibits, an especially exciting venture for our eight grandsons. Visiting DC and nearby neighborhoods allows us to experience different kinds of holiday decorations and lights. Just to give Christmas the modern touch, Santa arrives in our neighborhood in a fire truck and dispenses candy.

CHRIST IS COMING We have several crèche sets; some have figures for little hands to cradle while others are only to look at. It’s a great way to share the meaning of Christmas. Grandpa usually reads the story on Christmas Eve after we have sung some carols.

We normally attend an early Christmas Eve Mass nearby where our daughter is a cantor. The entire family arrives early and sits up front (unusual for us). The children are mesmerized as their Auntie Pooh fills the church with her lovely voice, the bell choir plays, and we all welcome the Christ Child. Back home we enjoy a light dinner and sometimes Santa (Good Shepherd’s deacon-candidate) has been known to arrive, much to the delight of the little ones.

The birth of the Christ Child brings much joy and happiness to all the Monahans. May He bless you and your loved ones as you celebrate in your own ways.



Carol and John's grandchildren, Bella, Barry and Hudson

Embrace the Portal

Christmas in Latin American Cultures

by Leah Tenorio



Christmas in Latin American cultures is both different and similar to the Christmas celebrations in the United States. In most Latin American cultures, the preparation for Christmas begins with the careful setting up and decoration of the Portal, or Nativity Scene, much like the decorating of the Christmas tree here in the United States...

THE PORTAL The *Portal* is usually in a corner of the living room, with material draped from the ceiling as a back-drop, and Christmas lights intertwined with tinsel garlands outline the area. Other ornaments may dangle from the back-drop or be placed in the background of the scene.

Each family has its own style of decorating; some are bright and colorful, others more somber and traditional. Some use natural materials like moss, sawdust and wool to make it look more natural and lifelike. The only thing missing from the Nativity Scene is the Baby Jesus, which is covered up and guarded in a safe place until December 24 at midnight, at which time it is ceremoniously put into the center of the scene in the waiting cradle. Very elaborate *Portales* are also set up in the churches.

LAS POSADAS In the nine days leading up to Christmas Eve, or Noche Buena, the people begin *Las Posadas*, or *Novenas Navideñas*, each day remembering the journey of Mary and Joseph to Bethlehem and their search for lodging on the night Jesus was born. These days of remembrance are usually organized within neighborhoods.

Volunteers dress up as Mary and Joseph and children participate as angels. Each evening is hosted by a different family. A carol is sung asking for lodging, then the Rosary is prayed (or at least one mystery, if there are a lot of children) and finally petitions are offered to the Holy Family. Each night tamales are served to the guests; sometimes gift bags are given to the children.

On the last night, lodging (*posada*) is finally granted to the young couple and Jesus is born. Now there is a real celebration! *Villancicos*, or Christmas carols, are sung around the *Pesebre*, or *Portal*. This night, the

party may take place in the park or in the parish hall to accommodate more people. There may be *piñatas* for the children, music and dancing, and, of course, more *tamales* and *rompope* (eggnog).

NOCHE BUENA At home on Noche Buena, the whole family comes together to celebrate. A special meal is prepared and served at midnight. But first, the baby Jesus is placed in the cradle in the *Portal*, and the family prays together. At some point between Noche Buena and February 2, the family gathers together again and takes time to pray the *Rosario del Niño*, a Rosary with special intentions and blessings asked of the Baby Jesus. February 2 is the Feast of the Presentation of the Lord, also known as Candlemas or *Día de la Candelaria*. These prayers and petitions are done before taking down the *portal* and saving it for next year.

GOOD SHEPHERD CHRISTMAS As we celebrate Christmas 2011 here at Good Shepherd, let us all as a parish family turn to the Baby Jesus born today, in our time and place. Let us ask him to bring us his love, peace and understanding so that we respond in Christian ways to the challenges of the day. It is only through his presence and grace that we can be witnesses of that same love and peace to others in our community and our world.

Let us join together in praying the Spanish prayer to the baby Jesus, "*Niñito Jesús, que naciste en Belén, bendice este hogar y a nosotros también*" - "Baby Jesus, born in Bethlehem, bless this home and all within." May the baby Jesus bless our parish home, our individual homes, and all of us who love and worship Him.

From South to North, Celebrating Jesus' Birthday

by Adriana Fernandez Cabañas

THE BEGINNING My first Christmas in the United States was heartbreaking. It was 2004, in Manhattan, “The Little Apple” Kansas. Our son, Enzo, had just turned two, and we had a second baby on the way. My husband was working part-time at Kansas State University and, to me, it was one of the coldest Christmas Eves I had ever experienced. After a beautiful Christmas Eve Mass at the Campus Church, we gathered at a friend’s house for dinner. The furnace didn’t work. I was six months pregnant and frozen! Even though we joined other Paraguayan students – really good friends, some with children as well - my husband and I couldn’t help but cry, missing our big family and our own traditions back in Paraguay. Everything was so different from home...

CHRISTMAS AT HOME In Paraguay (and many other Latin American countries), we gather at Christmas Eve with family to share dinner. Our big family of 60 relatives – Great Grandma, Grandparents, Uncles, Aunts, Nephews, Nieces and Cousins, fill the house with noise and love. Around 9:00pm, impeccably dressed, we attend “La Misa de Nochebuena” or Christmas Eve Mass.

The house awaits our return, beautifully decorated with lights, garlands, and ornaments. Under the Christmas tree is the “Pesebre” or Nativity scene, rustic figures made out of clay painted in vibrant colors. As an offering to the newborn child we include summer seasonal fruits like watermelon, cantaloupe, pineapple, mangos and the “Flor de Coco,” or coconut flower. This flower is a very particular Paraguayan Christmas tradition. It does not look at all like a flower. It looks like baby corn, and over the next few days the strands expand and push their way out of the pod. Nonetheless, the “Flor de Coco” has a wonderful Christmas scent.

Despite the 95° weather we are all together, sharing food, drinks, “Pan Dulce,” or “Panetone”, for dessert, laughter and stories around the table. Kids are playing, wondering if

Nativity scene with Flor de Coco



Adriana, Edgar, and Enzo celebrate a cold Christmas Eve (left).



Adriana and Edgar's children: Enzo, Franco and Sofia with family for Christmas.

we still have more time until Jesus' Birthday. Just before midnight we gather around the “Pesebre” and light a candle to sing traditional Hispanic Christmas Carols until finally we sing a loud Happy Birthday to Jesus. At midnight, we wish Merry Christmas to each other with hugs and kisses and the children quickly light their sparklers to celebrate!

All of a sudden, the lights turn off. We hear bells and a strong voice saying “¡Ho Ho Ho, Feliz Navidad para todos!” or “Merry Christmas to all!” It is Santa Claus who has come to deliver the presents! He drops off about two or three bags full of presents. We can barely see him because the only lights we have are the candles on the table. He has to be quick to go to the next-door neighbor!

A NEW MEANING It has been three years since we shared Christmas with our big family in Paraguay. After seven years living in the United States, we keep as many Christmas customs as possible for our four children, so that the seed of love for their parents' Paraguayan traditions can grow, like our beloved Flor de Coco. Although our first Christmas in the United States was a heartbreaking one, we later understood that God gave us the opportunity to grow our own family Christmas traditions with a blend of two cultures. No matter where we are, or who joins us, everything is fine when we celebrate the true meaning of Christmas - Jesus' birthday in our hearts.

Christmas at Good Shepherd



Connections

A Psalm of Praise

by Alice and Bob Outerbridge

Praise to you LORD for gifts of the table;
Made in our homes yet touching the lives of others.

For cookies made with happy anticipation;
Lifting spirits above the chilling depths of winter.

For cakes making evident our love;
Sharing warmth and bringing unity to joyful gatherings.

For traditional meals that bring alive memories;
bonding family and embracing the stranger.

For communal meals made for persons unknown;
Extending love outward and remembering Your table.

Praise to You, LORD, for these grace-filled connections;
Our gifts, homespun in their creation, are given meaning by You.



READINGS OF THE WEEK

Readings for the Week of January 1

Sunday: *Solemnity of Mary, The Holy Mother of God*
Nm 6:22-27; Ps 67; Gal 4:4-7; Lk 2:16-21
Monday: 1 Jn 2:22-28; Ps 98; Jn 1:19-28
Tuesday: 1 Jn 2:29—3:6; Ps 98; Jn 1:29-34
Wednesday: 1 Jn 3:7-10; Ps 98; Jn 1:35-42
Thursday: 1 Jn 3:11-21; Ps 100; Jn 1:43-51
Friday: 1 Jn 5:5-13; Ps 147; Mk 1:7-11 or Lk 3:23-38
Saturday: 1 Jn 5:14-21; Ps 149; Jn 2:1-11
Sunday: *The Epiphany of the Lord*
Is 60:1-6; Ps 72; Eph 3:2-3a, 5-6; Mt 2:1-12

PRESIDER SCHEDULE

Saturday, January 7, 2011

5:00pm Father Mike Hann
6:30pm Father Luis Quiñones

Sunday, January 8, 2012

7:30am Father Paul Berghout
9:00am Father Tom Ferguson
10:30am Father Tom Ferguson
12:00pm Father Ricardo Martin
2:00pm Father Luis Quiñones
6:30pm Father Tom Ferguson

PRAYERS

*Community Members Who Need
Our Prayers*

Jeannie Doherty

*Remember in your prayers those who have
died, their family members and friends*

**Jimmy Mulroe,
Lt. Col. John W. "Jack" Connolly**

*For those in harm's way,
their family and friends*

Parish Ministry Announcements

LITURGY AND MUSIC

Many thanks to all our Liturgical Ministers! Several of you have done double or triple duty! A special thanks to our Liturgical Art & Environment Team who have so beautifully prepared our worship space. Also a special thank you to our musicians! May God's richest blessings of the Christmas Season continue to be with each and every one of you throughout the New Year!

FAITH FORMATION

K-6 Religious Education

There is a mandatory retreat for all First Communicants and at least one parent, Saturday January 7.

If you have not signed up for the retreat, contact Stacy as soon as possible. You must register in advance. Religious Education Classes resume January 8-9.

Fr. Ricardo's Bible Course

Will meet only once in January – Friday, January 13 at 7:00pm.

Middle School Faith Formation

The next MSFF Class is Thursday, January 5, 7:00–9:00pm, the topic is Vocations.

FELLOWSHIP

GSSSF Monthly Fellowship Meal

Will be held on Sunday, January 22 at Pema's Restaurant, 8430 Richmond Highway. We will meet for a brunch buffet at 11:00am. Dishes and drinks are included for \$20. Make your reservations with Tom Gibbons at 703-360-7919 or tom58gibbons@gmail.com

YOUTH AND YOUNG ADULT MINISTRY

Youth Groups resume on:

Sunday Night HSYG — January 8, 2012

Middle School YG — January 11, 2012

Friday Night YG — January 13, 2012

Dodge Ball Tournament is coming!

Monday, January 16

Join us at St. Louis for our Annual Dodge Ball Tournament!

Workcamp applications available online!

The Deadline is Tuesday, January 17.

SOCIAL JUSTICE

Sharing Sunday, January 7-8

Thank you for your donations of non-perishable food items to re-stock the UCM pantry.

Martin Luther King, Jr. Choir Festival

Sunday, January 15, 8:00pm (after 6:30pm mass)

Keep the dream alive as we celebrate together as one community! Join us for the 17th annual MLK Choir Festival - a VIC-sponsored neighborhood event - with performances from a variety of choirs and musicians from local churches, schools, and community groups. Invite your family, neighbors and friends for a night of wonderful music!



CONTRIBUTIONS UPDATE

Year-to-date contributions 07/01/11 - 11/30/11	YTD Actual 11/30/11	YTD Actual 11/30/10	Variance FY12 vs FY11
Offertory Contributions			
Envelopes Contributions	\$407,076	\$482,267	\$(75,491)
Faith Direct *	232,426	155,233	77,193
Loose Offering	96,645	113,016	(16,371)
Mail offering contributions	53,092	61,349	(8,257)
Total Offertory:	\$789,239	\$812,165	\$(22,926)

* 279 families in FY12; 170 in FY11



ELECTRONIC GIVING

Thank you to the 279 families who have signed up for *Faith Direct*. Increased enrollment helps stabilize parish finances throughout the year. Please consider Electronic Giving through *Faith Direct*. Sign up today by picking up a form in the office or going to www.faithdirect.net and using code: **VA208** to securely enroll online. *Thank you in advance for your generosity, and for using Faith Direct!*

Mass Schedule

Saturday Evening

5:00pm Vigil Mass

6:30pm Vigil Mass in Spanish

Sunday

7:30am, 9:00am, 10:30am, 12:00 Noon

2:00pm in Spanish

6:30pm

Daily (Monday - Saturday)

9:00am

Thursday and First Friday

7:30pm in Spanish

Eucharistic Adoration Schedule

Thursday, 7:00pm

First Friday, after 9:00am Mass and 7:00pm

PARISH MEMBERSHIP

Welcome to new families and individuals! We invite you to register and become a member of our parish family.

HOSPITALIZED AND HOMEBOUND

Eucharistic Ministers bring Communion to Catholic patients who request visits at INOVA Mount Vernon Hospital, Mount Vernon Nursing Center, Sunrise Assisted Living and Spring Hills. Call the parish office or the chaplain's office. Patients at Manor Care, call **St. Louis Parish, 703-765-4421**.

SACRAMENTAL EMERGENCY

If you have a sacramental emergency and need a priest, call **703-780-4055**, press **1** (English) or **2** (Spanish). This option directs you to a 24-hour answering service. The service will contact a priest.

FUNERALS

If you have lost a loved one and are seeking assistance, please contact the Parish Office to begin the process of planning the funeral liturgy. Our Funeral Planners and Circle of Caring Ministry are here to support families in their time of need.

PASTORAL STAFF

Rev. Thomas P. Ferguson	Pastor
Rev. Luis Quiñones M.	Parochial Vicar
Bishop Joseph Estabrook	In Residence
Rev. Ricardo Martin	In Residence
Thomas G. White	Deacon
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* Additional Ministry Directors and committee contacts are listed in Bulletin columns and Monthly Calendar.

The Shepherd's Watch

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